

CERTIFICATE

OF PARTICIPATION

This is to certify that

Benjamin Manning

Has successfully participated & completed the

5km Ezemvelo Trail Run Challenge 2017

held at Cowhouse Market.

TIME 00:37:25

PACE 07:28/km

OVERALL 8 of 38

GENDER 4 of 15

14 - 19 3 of 3

11 November 2017, Sat

Date



BoutTime